

CALLING FOR HELP

DEAR USER, IF YOU:



Feel unwell



Need assistance



Are in danger

THEN PRESS AND HOLD DOWN THE SOS BUTTON

What will happen next?

1. You will hear a verbal confirmation "sending SOS message"
2. The SOS button will turn Red.
3. A voice connection with a SiDLY Telecentre paramedic will be established

If you did not hear the "sending SOS message" and cannot see the red light - then PRESS AND HOLD DOWN the SOS button once again



The SOS button

REMEMBER: KEEP THE WRISTBAND ON YOUR WRIST ALL THE TIME. YOU SHOULD ONLY TAKE IT OFF WHEN TAKING A BATH OR TO CHARGE IT.

Wristband's light and voice signals

Remember that the wristband will emit light and voice signals reflecting its current status

- - - - A flashing green diode means the device is functioning correctly
- - - - A flashing red diode indicates low battery level
- The red diode will stay on after the SOS button has been pressed

Answering calls using the wristband

An incoming call from the SiDLY Telecentre will cause the device to start emitting a ring-tone and the diode will signal in white.

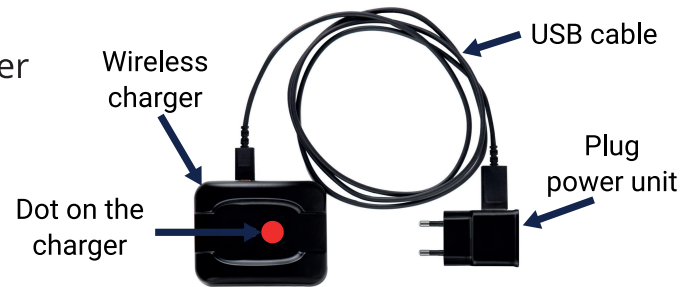
To answer the call **press and hold the SOS button** until the ring-tone can no longer be heard. You can start talking then.

Before reporting a fault there are a number of things you can do:
 • make sure the sensors are clean • connect the charger • press the SOS button

CHARGING INSTRUCTIONS

1. Assemble the charger and connect to an electricity supply

- connect the USB cable to the charger
- the USB socket is on the side of the charger



2. Place the wristband on the charger

- the dot on the bottom of the wristband should align with the dot on the wireless charger



3. Charging

- after 30 seconds the SOS button on the wristband will be illuminated in green and red
- the wristband will be fully charged after approx. 3 hours
- if no wristband diodes come on after 30 seconds then check the alignment of the wristband on the charger
- if all diodes are off on the wristband then wait approximately 20 minutes and press the SOS button - the wristband should switch on



4. Wristband charging complete

- once the battery is fully charged the wristband will emit a "battery fully charged" voice message
- the entire **SOS button** will be illuminated in green



5. The wristband is ready to put on

- remove the wristband from the charger, it is now ready to be used
- if the wristband is still very warm, wait a little before putting it on